

Information at your fingertips – Websites

Army Retirement Services

<https://soldierforlife.army.mil/retirement>

Army Echoes

<https://www.soldierforlife.army.mil/>

Navy Retirement Services

<http://public.navy.mil/bupernpc/support/>

Navy Shift Colors

<http://shiftcolors.navy.mil>

Coast Guard Retirement Services

<http://www.uscg.mil/ppc/ras>

Coast Guard Evening Colors

www.uscg.mil/ppc/retnews

Marines Retirement Services

<http://www.usmc-mccs.org>

Veterans Administration (VA)

<http://www.va.gov>

Air Forces Retirement Services

<http://www.retirees.af.mil>

Air Force Afterburner

<http://www.retirees.af.mil/afterburner>

Army Emergency Relief (AER)

<https://www.armyemergencyrelief.org/>

Army and Air Force Exchange Service

<http://www.shopmyexchange.com>

Army Retired Pin and Decal

www.shopmyexchange.com

Type Army Retired in the search box

Burial and Memorial Benefits

<http://www.cem.va.gov>

Delta Dental Plan

<http://trdp.org>

DFAS - Cleveland (Retired Pay and Annuity Pay)

<http://www.dfas.mil>

Senior Living

<https://www.seniorhomes.com/senior-downsizing-guide/>

Substance Abuse and Addiction Resources

<https://www.onlinetherapy.com/free/>

<https://www.onlinetherapy.com/free-online-therapy-chat/>

<https://www.onlinetherapy.com/addiction-counseling/>

eBenefits

<https://www.ebenefits.va.gov>

Express Scripts (Mail Order Pharmacy)

<http://www.expressscripts.com>

Federal Long Term Care Insurance

<http://www.ltcfeds.com>

Fort McCoy Homepage

<http://www.mccoy.army.mil>

Life Insurance (SGLI, TSGLI, VGLI)

www.benefits.va.gov/insurance

Medicare

<http://ssa.gov> Click on benefits and then Medicare

Military OneSource

<http://www.militaryonesource.mil>

Financial, legal, health and wellness assistance and more

Military Personnel Records Request

<http://archives.gov/veterans/military-service-records>

National Personnel Records Center

<http://archives.gov>

RAPIDS Site Locator

(DEERS Enrollment and ID Card Issuing Facilities)

<http://dmdc.osd.mil/rsl/appj.site>

Social Security

<http://www.ssa.gov>

Space Available Travel (Space-A)

<http://amc.af.mil/amctravel>

Thrift Savings Plan (TSP)

www.tsp.gov

Tricare

<http://www.tricare.gov>

U.S. Army Human Resources Command Fort Knox-HRC

<https://www.hrc.army.mil>

Caring.Com

- [assisted-living-benefits-for-veterans](https://www.caring.com/assisted-living-benefits-for-veterans)

- [assisted-living](https://www.caring.com/assisted-living)

- [assisted-living/minnesota](https://www.caring.com/assisted-living/minnesota)

Military Living

<http://www.militaryliving.com>

Memory Care

<https://www.memorycare.com/veterans>